

All pupils follow structured sessions to support their routine and needs. Where appropriate sessions will be child led and use a holistic approach.



## Outdoor Learning

### Curriculum- Semi-Formal Complex ASD and Semi-Formal



Trained staff will adjust routines and support any pupils who become unsettled

**ALL SESSIONS WILL BE BASED ON PUPIL'S NEEDS AND INTERESTS**

**Intent:** At Fox Wood, the focus of Forest School/Outdoor learning is to enable all pupils the opportunity of exploration and to flourish in their self-confidence, care for the environment, increase their independence and excel in their communication. This is at the heart of enhancing pupil's wellbeing and the school community. Both will be promoted through all sessions.

At Fox Wood, we aim for every pupil to access the Forest School/Outdoor area. This will be throughout lessons, themed weeks, enrichment groups, Enhanced Provision activities and more. Opportunities will be rotated to ensure that all pupils access the environment.

We aim for all sessions to incorporate working together, problem solving, build self-esteem, support risk taking and work on enhancing practical skills, which can then be transferred into the classroom. We also aim for sessions to be fun, practical and spark children's love of learning in the outdoors. This will be delivered long term.

**(Please refer to Forest School handbook for more information)**

#### **Curriculum links**

- Communication
- Personal development
- Science
- English
- Maths
- Arts
- Independence
- Much more!

#### **Assessment: (Observations must be completed every session)**

- EFL Evidence Collection
- EFL monitoring
- Well-being survey
- Progress against wider EHCP targets

#### **Our sessions (example routine 1):**

- Hello song- using tactile props and smell
- Explore surroundings
- Activity 1 and 2
- Song
- Goodbye time

#### **Our sessions (example routine 2):**

- Rules
- Hello song
- Share timetable
- Activity 1 and 2
- Snack
- Song
- Game
- Goodbye time

#### **Suggested activities (implementation):**

Please note these are only suggested activities. Please make yourself aware of the Outdoor area located on the field and make use of the different areas. There are plenty of resources available in the shed (only trained staff are to use the tools).

- Number hunt
- Potion making, collect resources, add smells, colours, mixing
- Make musical instruments with outdoor materials and textures
- Explore stories e.g. bear hunt, teddy bears picnic
- Make mud pies/Mud stew with pots and pans
- Design and create bird feeders
- Explore sensory trays and choose what they would like to explore
- Rainbow hunt
- Planting
- Minibeast hunt
- Journey sticks- attach materials to stick through session
- Listening walk, can you hear the birds? Traffic?
- Make wind chimes out of materials
- Outdoor sensory bottles
- Outdoor songs and rhymes
- Painting with natural resources
- Printing with natural resources
- Create a sensory fire, shaving foam, powder paint and popping candy
- Outdoor collages
- Stick wands

#### **Impact:**

- Increase pupils' positive mental health
- Pupils to gain confidence outdoors
- Pupils to benefit from wider opportunities to learn about the world around them
- To increase communication, teamwork, social interaction and problem solving opportunities

**All sessions are adapted to meet the needs and ability levels of our pupils.**

#### **Communication Opportunities:**

- AAC/Switches
- Intensive Interaction
- On body signs
- Objects of reference
- Sensory cues
- Makaton/signing
- Photographs/Symbol s/ PECs/ PODD
- Eye Gaze
- Ipad
- Shared attention
- Verbally