

PHYSICAL

Daily:
Positioning
Physiotherapy Programmes
Sensory Steps

Weekly:
Sensory Swimming – Musical Hydrotherapy
Hand warm up programmes
Sensory Kingdom
Dance Focus – Dance Massage, Dance Tutors
Rebound Therapy
Inclusive PMLD PE & Sport- Bristol Bears

SELF CARE AND INDEPENDENCE

Daily:
Personal Hygiene Routines eg toothbrushing, hand washing, hair care, personal care
Feeding/drinking programmes

Weekly: Personal Development
PSHE Association – Self Awareness

Collective Worship – Christmas- how is it Celebrated (Unit 1.1.2)

Reiki Treatments, positive mental health focus

Texts:

Fiction: Story Massage
'The Smiling Flowers'

Non-fiction: Sensory bucket – Walking through the garden, lists

Poetry: A Sensory Stroll

Theme Title: Senses



TERM: Autumn 2
White Class

Enrichment:

Preston Space
Visit to Ice Skating Rink
Local area 'Senses walk'
Science Club

COMMUNICATION

Daily Basic Skills – Phase 1 Early Phonics / Pre Phonics
1:1 Prerequisites for reading/reading activities, tactile/button books
Own communication systems - making choices, responding to questions/ making decisions
Switch skill progression
Personalised sensory stories
Sound Therapy- Sound Bath/ Sound Beds/
Relaxing music and instruments
Music – Sparkyard, Music Tutors, Music Projects
Whole Shabang
Resonance Board and equipment
British Values – democracy – Voting, evaluation

COGNITION

Daily Basic Skills – Sensory Maths
Enterprise – money skills, taking orders, making lists, planning an event, teamwork, leadership
RE – Christmas- how is it celebrated (Unit 1.1.2)
Science - Light and Sound
Geography – The Weather (Unit 2 2.6)
History – Tudors Exploration (2 2.9)
Maths massage – Sensory Dispensory
Maths Focus – Measure
Healthy Snacks – Healthy Sensory cookery
Sikhism
Switch It Jigsaw, favourite ICT games and resources

MOVE: Move programmes to include individual targets, OT and OTA will take pupils out for input and model techniques to staff, OT programmes

