

## PHYSICAL

Daily:  
Positioning  
Physiotherapy Programmes  
Sensory Steps  
Weekly:  
Sensory Swimming – Musical Hydrotherapy  
Hand warm up programmes  
Sensory Kingdom  
Dance Focus – Dance Massage, Dance Tutors  
Rebound Therapy  
Inclusive PMLD PE & Sport- Bristol Bears

## SELF CARE AND INDEPENDENCE

Daily:  
Personal Hygiene Routines eg toothbrushing, hand washing, hair care, personal care  
Feeding/drinking programmes  
Weekly: Personal Development  
**PSHE Association – The World I live in**  
Collective Worship - RE EQUALS- Unit 1.1.1- Myself, Who am I? Why am I unique?

### Texts:

Fiction: Story Massage  
“home” “family finger”

Non-fiction: Sensory bucket – Around my home, lists

Poetry: Story Massage –  
Friendship Poem by Sarah Duncan

### Theme Title:



**TERM: Me, My Family,  
My Home  
White Class**

### Enrichment:

Hair Salon exploration  
Pamper session exploration  
Spa/beauty salon visit  
Science Club

## COMMUNICATION

Daily Basic Skills – Phase 1 Early Phonics / Pre Phonics  
1:1 Prerequisites for reading/reading activities, tactile/button books  
Own communication systems - making choices, responding to questions/ making decisions  
Switch skill progression  
Personalised sensory stories  
Sound Therapy- Sound Bath/ Sound Beds/  
Relaxing music and instruments  
Music – Sparkyard, Music Tutors, Music Projects  
Whole Shabang  
Resonance Board and equipment  
British Values – democracy – Voting, evaluation  
Eye Gaze

## COGNITION

Daily Basic Skills – Sensory Maths  
Enterprise – money skills, taking orders, making lists, planning an event, teamwork, leadership  
RE – Myself- who am I? Why am I unique?  
Science - Sensory gardening, Everyday materials  
Geography – Investigating our Area (KS2.2.2)  
History – The passage of time- homes (KS2 2.1)  
Maths massage – Growing Up  
Maths Focus – Shape  
Healthy Snacks – Healthy Sensory cookery  
Sikhism  
Switch It Jigsaw, favourite ICT games and resources

**MOVE:** Move programmes to include individual targets, OT and OTA will take pupils out for input and model techniques to staff, OT programmes

