

PHYSICAL

Daily:

Positioning
Physiotherapy Programmes
Sensory Steps

Weekly:

Sensory Swimming – Musical Hydrotherapy
Hand warm up programmes
Sensory Kingdom
Dance Focus – Dance Massage, Dance Tutors
Rebound Therapy
Inclusive PMLD PE & Sport- Bristol Bears

SELF CARE AND INDEPENDENCE

Daily:

Personal Hygiene Routines eg toothbrushing,
hand washing, hair care, personal care
Feeding/drinking programmes

Weekly: Personal Development

PSHE Association – The World I live in

Collective Worship - RE EQUALS- Unit 1.1.1-
Myself, Who am I? Why am I unique?

Daily Treatments – meeting mental health needs

Texts:

Fiction: Story Massage
“home” “family finger”

Non-fiction: Sensory
bucket – Around my home,
lists

Poetry: Story Massage –
Friendship Poem by Sarah
Duncan

Theme Title:



**TERM: Me, My Family,
My Home
White Class**

Enrichment:

Hair Salon exploration
Pamper session exploration
Spa/beauty salon visit
Science Club

COMMUNICATION

Daily Basic Skills – Phase 1 Early Phonics / Pre
Phonics

1:1 Prerequisites for reading/reading activities,
tactile/button books

Own communication systems - making choices,
responding to questions/ making decisions

Switch skill progression

Personalised sensory stories

Sound Therapy- Sound Bath/ Sound Beds/

Relaxing music and instruments

Music – Sparkyard, Music Tutors, Music Projects

Whole Shabang

Resonance Board and equipment

British Values – democracy – Voting, evaluation

Eye Gaze

COGNITION

Daily Basic Skills – Sensory Maths

Enterprise – money skills, taking orders, making
lists, planning an event, teamwork, leadership

RE – Myself- who am I? Why am I unique?

Science - Sensory gardening, Everyday materials

Geography – Investigating our Area (KS2.2.2)

History – The passage of time- homes (KS2 2.1)

Maths massage – Growing Up

Maths Focus – Shape

Healthy Snacks – Healthy Sensory cookery

Sikhism

Switch It Jigsaw, favourite ICT games and
resources

MOVE: Move programmes to include individual targets, OT and OTA will take pupils out for input
and model techniques to staff, OT programmes

