

PfA Good Health

PHYSICAL

Course of Study: Independent Living

Subject Area: Leisure and Recreation: A) Swimming and B) Hydrotherapy/gym.

Daily – physical programmes, positioning, postural management, standing frames, Acheeva Beds

Weekly – sensory swimming, musical hydrotherapy, MOVE programme, Sensory Kingdom, MSR, Green Mile, Playground, Sensory Circuit, Rebound

Story massage, TACPAC, maths massage, resonance boards, – enterprise

Texts:

Fiction: Sensory story Picnic. Oliver's Veg, Grow Strong

Non-fiction: Following a recipe to make healthy smoothies/healthy skewers.

Poetry: Healthy Living Poem by Jasmine Walther.

Theme Title Autumn 1 Healthy Living

EQUALS 'SOW'
'EXPLORERS'



FOX WOOD EXPLORERS

PfA Independent Living

SELF CARE AND INDEPENDENCE

Course of Study: Independent Living

Subject Area: Personal, Social and Health Education. A) healthy lifestyle. B) Family and friends c) Body awareness and physical changes.

Subject Area: Daily living skills. A) Outdoor gardening. B) Preparing picnics

Daily: Accept support for personal care - Hand Washing opportunities. Feeding/drinking programmes. Collective Worship

Weekly: Personal Development PSHE Association – Self-Awareness

PfA Friends, Family and Community

COMMUNICATION

Course of Study: Independent Living

Subject Area: Citizenship. A) Mini enterprise financial planning (Fruit Smoothies to order/sponsored walk/push)

Daily Basic Skills – Phase 1 Early Phonics / Pre Phonics
Own communication systems - making choices, responding to questions/ making decisions, Switch skill progression

Sound Therapy- Sound Bath/ Sound Beds/ music and instruments

Music – Sparkyard, Music Tutors, Whole Shabang, Soundbeam

Resonance Boards

MOVE:

Move Programmes

Physiotherapy programmes, postural management plans

Use of ICT: Sound Therapy - Gong, crystal sound bowls, thumb piano, windchimes, chime bars, bells and Sound Beam 6.

Communication: Switches, Eye-Gaze, iPad, Touch Screen, Microphone, Intensive Interaction, eye pointing, On body signing, objects of reference, own communication books, timetable, WOWee

PfA Education, Employment and Training

COGNITION

Course of Study: Vocational Studies

Subject Area: Work Related Learning - Voluntary jobs in the community B) Work experience in school or college (money skills, taking orders)

Daily Basic Skills – Sensory Maths/Maths Massage/Number Songs **Science / FUNctional skills:** Sensory cookery **Science Award:** Brilliant Bubbles

Art: Fruit printing, Tie-Dye T-Shirt using fruit

Humanities: Look at where food grows

National Curriculum Links:

- Respect equality and diversity in relationships.
- Explore how to be a productive member of a diverse community.
- Develop and maintain a variety of healthy relationships.
- Learn about different groups and communities- follow group rules with support.
- Recognise likes and dislikes,
- Make informed choices,
- Communicate feelings to others. (PSHE Ass. SoW)