**SELF CARE AND INDEPENDENCE**

Daily:

Personal Hygiene Routines eg toothbrushing, hand washing, hair care, personal care

Feeding/drinking programmes

 Weekly: Personal Development

**PSHE Association – The World I live in**

Collective Worship - RE EQUALS- Unit 1.1.1- Myself, Who am I? Why am I unique?

Reiki Treatments, positive mental health focus

**PHYSICAL**

Daily:

Positioning

Physiotherapy Programmes

Sensory Steps

Weekly:

Sensory Swimming – Musical Hydrotherapy

Hand warm up programmes

Sensory Kingdom

Dance Focus – Dance Massage, Dance Tutors

Rebound Therapy

Inclusive PMLD PE & Sport- Bristol Bears



**MOVE:** Move programmes to include individual targets, OT and OTA will take pupils out for input and model techniques to staff, OT programmes



**COGNITION**

Daily Basic Skills – Sensory Maths

Enterprise – money skills, taking orders, making lists, planning an event, teamwork, leadership

RE – Myself- who am I? Why am I unique?

Science - Sensory gardening, Everyday materials

Geography – Investigating our Area (KS2.2.2)

History – The passage of time- homes (KS2 2.1)

Maths massage – Growing Up

Maths Focus – Shape

Healthy Snacks – Healthy Sensory cookery

Sikhism

Switch It Jigsaw, favourite ICT games and resources

**Theme Title:**

**TERM: Me, My Family, My Home**

**White Class**

**Texts:**

Fiction: Story Massage “home” “family finger’

Non-fiction: Sensory bucket – Around my home, lists

Poetry: Story Massage – Friendship Poem by Sarah Duncan

**Enrichment:**

Hair Salon exploration

Pamper session exploration

Spa/beauty salon visit

Science Club

**COMMUNICATION**

Daily Basic Skills – Phase 1 Early Phonics / Pre Phonics

1:1 Prerequisites for reading/reading activities, tactile/button books

Own communication systems - making choices, responding to questions/ making decisions

Switch skill progression

Personalised sensory stories

Sound Therapy- Sound Bath/ Sound Beds/ Relaxing music and instruments

Music – Sparkyard, Music Tutors, Music Projects

Whole Shabang

Resonance Board and equipment

British Values – democracy – Voting, evaluation

Eye Gaze