

## PSHE at Fox Wood



## Fox Wood School

Together we shine



## FUNctional Skills

**How can PSHE support our students to be more independent in day to day activities?**

PSHE helps our students to gain the ability and understanding to make informed decisions, maintain positive relationships and know what is right and wrong. They will recognize their own worth, work well with others and be able to reflect on their own experiences. The aim of the PSHE and PD curriculum is to support our learners in becoming active global citizens and to make a positive contribution to society. PSHE is embedded across school life, supported by key initiatives such as *Kindness Champions*, who promote empathy, respect and positive relationships amongst peers, and *Shine Time*, which celebrates personal achievements and emotional wellbeing. Events such as *Disability Awareness Day* help foster understanding, acceptance, and pride in individual identity and difference. In college, PSHE is woven through all subjects to develop student awareness of the world around them and their responsibilities within society.

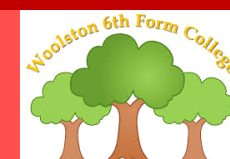
Fox Wood School also offer different therapies such as art therapy, pony therapy, music therapy and play therapy to support their Social, emotional and mental health (SEMH).



## PSHE



## Fox Wood School





## PSHE at Fox Wood

The PSHE (Personal, social and health education (PSHE) and PD curriculum at Fox Wood school and Woolston College gives students:

- An understanding of their own emotions and feelings and being able to communicate these effectively and to support self-regulation.
- An understanding of how to keep themselves safe when out in the community and around school e.g. road safety, stranger danger.
- Healthy, positive friendships with their peers highlighting the value of healthy relationships.
- The skills and understanding to make informed choices.
- An understanding of the world around them, building understanding, resilience and tolerance for a changing society.



### Sequence of learning

At the whole school level, learning is divided into content appropriate for each Key Stage as per the statutory government guidance for PSHE. Our curriculum mapping allows us to ensure that the content delivered to our students is appropriate for their age. To do this we combine the National Curriculum statutory requirements with the PSHE Association's PSHE Framework for SEND, Key stages 1-3, alongside schemes of work from EQUALS. These scheme are also accessed in the college PD curriculum, to ensure coverage and progression across the student's learning journey. Topics are carefully mapped within the long term plans for each class, to ensure that they are revisited over time and previous knowledge is built upon, offering personalized learning.

The PSHE Association framework is an evidence based scheme which is mapped against the 2014 revised National Curriculum and has been designed specifically for students working below age related expectations. It is designed to support students with profound and multiple learning difficulties, severe learning difficulties and moderate learning difficulties to fully engage with a meaningful curriculum, which is adapted to their needs. The scheme is focuses on: Self-Awareness, Self-Care, Support and Safety, Managing Feelings, changing and growing, healthy lifestyles and the world I live in.

In college, we utilized the post- 16 EQUALS topics that compliment our Preparation for Adulthood focus, alongside progression of skills identified from the PSHE Association's PSHE Framework for SEND, Key stages 3-4. This is monitored through B-squared data and scheduled subject leader quality assurance checks.

**PSHE Association is a membership association and charity, supporting a national network of 50,000 teachers and schools to teach high quality PSHE. They provide us with the PSHE education planning framework for students with SEND. Key Stages 1-4.**

### Implementation

The PSHE/ PD curriculum is woven into the curriculum in such a way that it can be applied in each lesson taught on the timetable. Whether students are working at the pre-formal, Pre-formal complex ASD, semi-formal or formal curriculum level, the values are underpinned by the PSHE Association recommendations. Students will learn about developing positive and healthy relationships through turn-taking activities, communication sessions, working alongside others and understanding road safety and stranger danger. They develop the skills they need to make decisions and to develop positive relationships through carefully planned activities within a variety of lessons. Weaving the core values of the PSHE Association into daily lessons. Some aspects of the PSHE curriculum are also taught on an individual basis, giving each pupil a personalised curriculum to meet their needs. Our 'Keeping Safe' curriculum is also taught annually, which also covers the PSHE topics in more depth.

### Impact—recent data review

The most recent data review indicates that all students make good progress from their starting points within Fox Wood through to college. There is a strong focus on PSHE aspects of planning across the provision and staff work to promote healthy relationships in a variety of different ways. Many of our students find social interactions particularly difficult and staff ensure students are getting the support they need to overcome these barriers. There are individual, small group and whole class sessions as appropriate to the needs of the students.

