

## I Matter Code







Help me to be calm and safe



Always let me know what is happening next



Help me to make choices and decisions for myself



Tell me what I am good at, this builds my confidence



Always listen to what I have to say and try to understand me



Always treat me with respect and dignity



Always talk to me not about me



Give me time to process and communicate the best I can



Set high expectations for me



Help me to understand how to acheive my goals



Praise and reward my acheivements



Use my name first so I know you are talking to me



Please recognise and help me with my anxieties



I need consistent structure and routine to learning





Please support me with transitions using traffic lights,





Help me to be as independent as I can be



