

## Sensory Tray Ideas - Edible

Sensory tactile trays are a great way to provide learning opportunities. You can hide things in the media, explore the feelings, sounds, smells, textures and visual movement when pouring. Try having the following items available for your child to use in the trays to help them explore;

- Cups
- Egg cartons
- Funnels
- Ice trays
- Scoops
- Spoons
- Tongs
- Twigs
- Pastry cutters
- Wooden spoons
- Pans

You may find that your child is reluctant to put their hands in. Never force them to do this, give them things to play with in the media. Start with dry media at first and then when they begin to become confident try more wet media with them.

- Pasta
- Gravy granules
- Black beans
- Rice
- Yogurt
- Popcorn kernels
- Oats
- Cereals
- Porridge (warm and cold)
- Lentils
- Jelly
- Ice
- Custard
- Flour
- Cornflour and water
- Edible water pearls (Tapioca pearls)
- Coffee beans
- Squirty cream
- Angel delight
- Edible paint - see recipe