

**All pupils follow structured sessions to support their routine and needs**



## Forest School Curriculum



**Trained staff will adjust routines and support any pupils who become unsettled**

**ALL SESSIONS WILL BE BASED ON PUPILS NEEDS AND INTERESTS**

**Intent:** At Fox Wood, the focus of Forest School is to enable all pupils the opportunity of exploration and to flourish in their self-confidence, increase their independence and excel in their communication. This is at the heart of enhancing pupils wellbeing and the school community. Both will be promoted through all sessions.

At Fox Wood, we aim for every child to access the Forest School area. This will be throughout lessons, support of the school champion and enrichment activities. Opportunities will be rotated to ensure that all pupils access the environment.

We aim for all sessions to incorporate working together, problem solving, build self-esteem, support risk taking and work on enhancing practical skills, which can then be transferred into the classroom. We also aim for sessions to be fun, practical and spark children's love of learning in the outdoors.

### **Implementation:**

- Weekly outdoor learning lessons
- Forest school implementation (through SEMH)
- After school clubs
- Further develop Forest school area and timetable to enable more pupils to access the outdoors
- School champion leading Forest School sessions and supporting classes with accessing the outdoors

### **Impact:**

- Increase pupils' positive mental health
- Pupils to gain confidence outdoors
- Pupils to benefit from wider opportunities to learn about the world around them
- To increase communication, team work, social interaction and problem solving opportunities
- To support progress in other subjects

### **Our sessions (example routine 1):**

- Rules
- Hello song
- Share time table
- Activity 1 and 2
- Snack
- Song
- Game
- Goodbye time

### **Our sessions (example routine 2):**

- Hello song
- Forest school song
- Explore surroundings
- Activity 1 and 2
- Song
- Goodbye time

**All sessions are adapted to meet the needs and ability levels of our pupils**

### **Curriculum links**

- PHSE
- Life skills
- Number skills
- Speaking and listening
- Science
- Functional Skills (e.g. using tools)
- EQUALs scheme of work
- Much more!

### **Assessment:**

- EFL Evidence Collection
- EFL monitoring
- Well-being survey
- Progress against wider EHCP targets

### **Communication Opportunities:**

- AAC/Switches
- Intensive Interaction
- On body signs
- Objects of reference
- Sensory cues
- Makaton/signing
- Photographs/Symbols/ PECs/ PODD
- Eye Gaze
- Ipad

### **Outdoor Learning:**

- All staff will be encouraged to promote outdoor learning as often as possible. This must be at least weekly.
- Forest activities pack will be provided to each class
- General resources available outside for classes to use
- Trained staff will deliver Forest School
- School champion to support sessions and lead sessions with classes and identified pupils