

All pupils follow structured sessions to support their routine and needs. Where appropriate sessions will be child led and use a holistic approach.



Outdoor Learning Curriculum- Formal



Trained staff will adjust routines and support any pupils who become unsettled

ALL SESSIONS WILL BE BASED ON PUPILS NEEDS AND INTERESTS

Intent: At Fox Wood, the focus of Forest School/Outdoor learning is to enable all pupils the opportunity of exploration and to flourish in their self-confidence, care for the environment, increase their independence and excel in their communication. This is at the heart of enhancing pupils wellbeing and the school community. Both will be promoted through all sessions.

At Fox Wood, we aim for every pupil to access the Forest School/Outdoor area weekly. This will be throughout lessons, themed weeks, enrichment opportunities, Enhanced Provision activities and more. Opportunities will be rotated to ensure that all pupils access the environment.

We aim for all sessions to incorporate working together, problem solving, build self-esteem, support risk taking and work on enhancing practical skills, which can then be transferred into the classroom. We also aim for sessions to be fun, practical and spark children's love of learning in the outdoors. This will be delivered long term.

(Please refer to Forest School handbook for more information)

Curriculum links

- PHSE
- Life skills
- Number skills
- Speaking and listening
- Science
- Functional Skills (e.g. using tools)
- EQUALs scheme of work
- Much more!

Assessment: (Observations must be completed)

- EFL Evidence Collection
- EFL monitoring
- Well-being survey
- Progress against wider EHCP targets

Our sessions (example routine 2):

- Rules
- Hello song
- Share time table
- Activity 1 and 2
- Snack
- Song
- Game
- Goodbye time

Suggested activities:

Please note these are only suggested activities. Please make yourself aware of the Outdoor area located on the field and make use of the different areas. There are plenty of resources available in the shed (only trained staff are to use the tools).

- Number hunt, how many sticks can you find?
- Can you find big/small sticks which is heavier?
- Make a frame including knot tying- make outdoor art
- Design and create bird feeders
- Rainbow hunt
- Planting
- Minibeast hunt
- Create a habitat
- Painting with natural resources
- Printing with natural resources
- Outdoor collages
- Stick wands
- Making clay faces in the trees
- Outdoor games and turn taking e.g. hide and seek
- Leaf threading
- Bark rubbing
- Den building
- Wind catchers
- Role play
- Letter collages

Impact:

- Increase pupils' positive mental health
- Pupils to gain confidence outdoors
- Pupils to benefit from wider opportunities to learn about the world around them
- To increase communication, team work, social interaction and problem solving opportunities
- Increase independence
- Support progress in other subject areas

All sessions are adapted to meet the needs and ability levels of our pupils

Communication Opportunities:

- AAC/Switches
- Intensive Interaction
- Makaton/signing
- Photographs/Symbols/ PECs/ PDD
- Ipad
- Verbally
- Communication books
- Shared attention