

All pupils follow structured sessions to support their routine and needs. Where appropriate sessions will be child led and use a holistic approach.



Outdoor Learning Curriculum- Pre-Formal



Trained staff will adjust routines and support any pupils who become unsettled

ALL SESSIONS WILL BE BASED ON PUPILS NEEDS AND INTERESTS

Intent: At Fox Wood, the focus of Forest School/Outdoor learning is to enable all pupils the opportunity of exploration and to flourish in their self-confidence, care for the environment, increase their independence and excel in their communication. This is at the heart of enhancing pupils wellbeing and the school community. Both will be promoted through all sessions.

At Fox Wood, we aim for every pupil to access the Forest School/Outdoor area weekly. This will be throughout lessons, themed weeks, enrichment opportunities, Enhanced Provision activities and more. Opportunities will be rotated to ensure that all pupils access the environment.

We aim for all sessions to incorporate working together, problem solving, build self-esteem, support risk taking and work on enhancing practical skills, which can then be transferred into the classroom. We also aim for sessions to be fun, practical and spark children's love of learning in the outdoors. This will be delivered long term.

(Please refer to Forest School handbook for more information)

Curriculum links

- Engagement steps
- Cognition
- Communication
- Physical
- Self-Care and Independence
- EQUALs scheme of work
- Much more!

Assessment: (Observations must be completed)

- EFL Evidence Collection
- EFL monitoring
- Well-being survey
- Progress against wider EHCP targets

Our sessions (example routine):

- Hello song- using tactile props and smell
- Explore surroundings
- Activity 1 and 2
- Song
- Goodbye time

Suggested activities (Implementation):

Please note these are only suggested activities. Please make yourself aware of the Outdoor area located on the field and make use of the different areas. There are plenty of resources available in the shed (only trained staff are to use the tools). Please also refer to Long Term planning and EQUALS outdoor learning scheme of work.

- Outdoor tea party
- Potion making, collect resources, add smells, colours
- Make musical instruments with outdoor materials
- Explore sensory stories e.g. bear hunt, teddy bears picnic
- Make mud pies/Mud stew
- Create bird feeders
- Explore sensory trays and choose what they would like to explore
- Create a tree rainbow
- Planting
- Cloud meditation
- Listening walk, can you hear the birds? Traffic?
- Make wind chimes from CDs
- Outdoor sensory bottles
- Outdoor songs and rhymes
- Painting with natural resources
- Printing with natural resources
- Create a sensory fire, shaving foam, powder paint and popping candy
- Outdoor collages

Impact:

- Increase pupils' positive mental health
- Pupils to gain confidence outdoors
- Pupils to benefit from wider opportunities to learn about the world around them
- To increase communication, team work, social interaction and problem solving opportunities
- To increase independence
- To support progress in other subject areas

All sessions are adapted to meet the needs and ability levels of our pupils

Communication Opportunities:

- AAC/Switches
- Intensive Interaction
- On body signs
- Objects of reference
- Sensory cues
- Makaton/signing
- Photographs/Symbol s/ PECs/ PODD
- Eye Gaze
- Ipad
- Shared attention